

FOR IMMEDIATE RELEASE

Contact: Karen Johnson, Exec. Director of Communications

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Finlandia's Rastello Volleyball Player of the Week

HANCOCK – Finlandia University freshman middle hitter Kara Rastello (Calumet, Mich.) has been selected as the Association of Division III Independents volleyball Player of the Week for the week of October 13, 2008.

Rastello helped her team to a 4-2 record on the week. In six matches, she produced 84 kills (3.82 kills/set), 20 solo blocks and 17 assisted blocks. In one match, Rastello amassed a hitting percentage of .812, just missing the Top 10 in NCAA Div. III. Her team compiled a .593 hitting percentage in the same game, a mark that ranks them tied for ninth in NCAA Div. III play for a three-game match.

For additional information about the Finlandia University women's volleyball program, please contact Head Volleyball Coach Mary Kaminski at 906-487-7391 or mary.kaminski@finlandia.edu.